

Neue. 1632.

**A new Almanacke and
Prognostication, with the
Forraigne computation, seruing
for the yeere of our Lord and
Sauour Iesus Christ, 1632.**

**Being the Bissextile or Leape
yeere.**

**Rectified for the Elenation
of the Pole Articke, & Meri-
dian of the ancient and
famous Citie of
Norwich:**

**And may serue generally for the
most parts of great
Britaine,**

**Practised, penned, and published,
by Iohn Neus, Gent.**

**LONDON,
Printed for the Company of
Stationers.**

The Contents of this double Kalender, for this yeere of
our Lord God 1632. being the Bissextile or Leape yeere,
according to the account and Computation of
the Church of England.

The Prime or Golden number		18
The Circle of the Sunne		17
The Epact		18
The Dominicall letters		A. B.
The Roman Indiction		15
The space betwene Christmas and Shrove Sunday is se- uen weekes.		
Shrove Sunday	February,	12
Easter day	Aprill,	1
Ascension day	May,	10
Whitsunday	May,	20
Trinity Sunday	December,	2
Betwene Trinity and Advent, are Sundayes		26
Betwene Easter & Ascension, are 5. weekes & 3. dayes.		
Betwene Whitsunday & Midsummer, is five weekes.		
Betwene Midsummer and Bartholmeu, is 8. weekes.		
Betwene Bartholmeu and all Saints, is 9. weekes and 3. dayes.		

The Forraigne Computation.

The Golden number		18
The Circle of the Sunne		17
The Epact		8
The Dominicall letters		D. E.
The Roman Indiction		15
Shrove Sunday	February,	22
Easter day	Aprill,	11
Ascension day	May,	20
Whitsunday,	May,	30
Trinity Sunday	Nouember,	28
The space betwene Christmas and Shrove Sunday, is 8. weekes and 3. dayes.		

A brieft and necessarie Computation of yeeres.

	From the Creation of the world vntill this present yeere of our Lord God, 1632.	5602
	From the Creation vntill the Flood,	1656
	From the Flood to Christ,	2336
	From Moses to Christ,	1514
	Since the promised seed of Abraham,	3582
	Since the Israelites departed out of Egypt,	3148
	Since the destruction of Troy,	2814
	Since Bruce entred this Iland,	2739
	Since the building of the Temple of Salomon,	2668
	Since the building of the City of Rome,	2383
	Since Nabuchadonozzer the King,	2380
	Since Alexander the great dyed,	1956
	Since Iulius Cesar slaine with bodkins,	1681
	Since the happy birth of our Sauour Christ,	1632
	Since Ierusalem destroyed by Vespasian,	1559
	Since England receiued the Christian Faith,	1452
	Since the Danes entred England,	614
	Since the Conquest of England,	565
	Since the Science of Printing was inuented,	172
	Since K. Henry the VIII. wonne Bolloigne,	88
	Since Kettes Rebellion at Norwich,	83
	Since the infectious sweating sicknesse,	75
	Since St. Pauls steeple fiered by lightning,	71
	Since the great Plague at New-hauen,	69
	Since the Earles Rebellion in the North,	63
	Since the blazing starre and frosty Winter,	60
	Since the fiery apparition in the heauens,	58
	Since the deepe snow,	52
	Since the generall earth-quake in England,	51
	Since the Campe at Tilbury in Essex,	43
	Since the last earth-quake in England,	30
	Our Kings Maiesties Raigne, whom the King of heauen graunt long and prosperously to raigne ouer vs, Amen.	8

The Anatomy of Mans body, as the parts
thereof are governed by the 12.
celestiall Signes.

Head and face.



The fete.

The Characters of the Signes,
Planets and Aspects.

♈ Aries, ♉ Taurus, ♊ Gemini, ♋ Cancer, ♌ Leo,
♍ Virgo, ♎ Libra, ♏ Scorpio, ♐ Sagittarius, ♑ Ca-
pricornus, ♒ Aquarius, ♓ Pisces. ♄ Saturne, ♃ Iu-
piter, ♂ Mars, ☉ Sol, ♀ Venus, ☿ Mercury, ☾ Luna.
♌ Coniunction, * Sextile, ☐ Quadrate, ☐ Trine,
♌ Opposition. ♉ Dragons head, ♏ Dragons tayle.

Iaquary hath xxxj. dayes.

Now if your body in health youle keepe,
 Warme meate for it is very meete:
 Fly Physicke, Sloth and Venery:
 Auoyd all baths most carefully.

1	a	New peer.d.	Virg.	7	11	d
2	b	Pa. Steph.	Virgo	20	12	e
3	c	Pa. John	Libra	4	13	f
4	d	Pa. Innoc.	Libra	18	14	g
5	e	Edward dep.	Scorp.	3	15	a
6	f	Chelme day.	Scorp.	17	16	b
7	g	Felix & Jan.	Sagitar.	1	17	c
8	a	Rucian priest	Sagit.	17	18	d
9	b	Agapite virg.	Capricoz.	1	19	e
10	c	Pauli. Herm.	Capric.	15	20	f
11	d	Sol in Aquat.	Capric.	29	21	g
12	e	Archard mar	Aquar.	13	22	a
13	f	Wlary bish.	Aquar.	26	23	b
14	g	Wed. come in	Pisces	9	24	c
15	a	2. sun. aft. epi.	Pisces	22	25	d
16	b	Marcellus b.	Aries	5	26	e
17	c	Anth. depof.	Aries	17	27	f
18	d	Pisca virg.	Taurus	0	28	g
19	e	Wolston bish.	Taurus	12	29	a
20	f	Fabian & Se	Taurus	24	30	b
21	g	Agnes virg.	Gemini	6	31	c
22	a	3. sun. aft. epi.	Gemini	18	1	d
23	b	Germe beg.	Cancer	0	2	e
24	c	Timothy	Cancer	13	3	f
25	d	Con. of Paul	Cancer	25	4	g
26	e	Policarpe bi.	Leo	8	5	a
27	f	Iulan	Leo	20	6	b
28	g	Malerius bish	Virgo	4	7	c
29	a	Septuagefim.	Virgo	17	8	d
30	b	Wed. goe out	Libra	1	9	e
31	c	Altoz & Sat	Libra	15	10	f

☾ Last quarter the
 4. day, about 8. of the
 clocke at night.

● New moone the
 11. day 30. minutes
 after one of the clock
 in the after-noon.

☾ First quarter the
 19. day 20. minutes
 after 4. of the clocke
 in the morning.

February.
 Purifica. of Mary.

● Full moone the
 27. day 24. minutes
 after 3. of the clocke
 in the morning.

February hath xxix. dayes.

This moneth as yet no Physicke vse,
For feare that you your selfe abuse:
Bleed not nor bathe, be rulde by me,
Except vpon necessitie.

1	d	Buget. fa	Libra	29	11	g	
2	e	Wm. de W	Scorp.	13	12	a	☾ Last quarter the
3	f	Blase bishop	Scorp.	28	13	b	3. day, 37. minutes
4	g	Gilbert conf.	Sagit.	12	14	c	after 3. of the clocke
5	a	Agathe virg.	Sagit.	27	15	d	in the morning.
6	b	Dorothea vir.	Capric.	11	16	e	
7	c	Angule bisho	Capric.	25	17	f	☉ New moone the
8	d	Paul bishop	Aqua.	9	18	g	10. day, 57. minutes
9	e	Appollo virg	Aqua.	22	19	a	after 2. of the clocke
10	f	Soloh. Pilce	Pisces	5	20	b	in the morning.
11	g	Enfragia	Pisces	18	21	c	
12	a	Shrouesun	Aries	0	22	d	Shrouesunday.
13	b	Cerne end	Aries	13	23	e	
14	c	Valentine	Aries	25	24	f	
15	d	Faustine cpi.	Taurus	7	25	g	☾ First quarter the
16	e	Julian virg.	Tau.	19	26	a	18. day, 3. minutes
17	f	Pollicron	Gemini	1	27	b	after one of the clock
18	g	Stimmon	Gemini	14	28	b	in the morning.
19	a	1. sun. in len.	Gemini	26	29	c	
20	b	Whitred vir.	Canc.	8	1	d	March, 1632.
21	c	70. martyrs	Canc.	21	2	e	
22	d	Enter we	Leo	3	3	f	
23	e	Pollicarpe	Leo	16	4	g	
24	f	Locus bl. fe	Leo	29	5	a	☉ Full moone the
25	g	Wathias B.	Virgo	13	6	b	25. day, 35. minutes
26	a	2. sun. in lent	Virgo	27	7	c	after 4. of the clocke
27	b	August. bisho	Libra	11	8	d	in the after-noon.
28	c	Osuald arch	Libra	25	9	e	
29	d		Scorp.	10	10	f	

March hath xxxi. dayes.

Now March begins the Springing time,
The Sunne hath got the equall line :
Vse Physickes Art, and all thy skill,
To helpe diseases that be ill.

1	d	David	Scorp. 24	11	g	
2	e	Thad bishop	Sagit. 9	12	a	☾ Last quarter the
3	f	Maurice	Sagit. 23	13	b	3. day, 25. minutes
4	g	3. sun. in lent	Capric. 7	14	c	after 10. of the clock
5	a	Isaac & Euse	Capric. 21	15	d	in the fore-noone.
6	b	Victor & Vic.	Aquar. 5	16	e	
7	c	Peypetue	Aquar. 18	17	f	
8	d	Felix mart.	Pisces 1	18	g	
9	e	40. martyrs	Pisces 14	19	a	☉ New moone the
10	f	Agapite	Pisces 27	20	b	10. day, 50. minutes
11	g	Sol in Aries.	Aries 9	21	c	after 5. of the clocke
12	a	Gregorie	Aries 21	22	d	in the after-noonc.
13	b	Theodoze	Taur. 3	23	e	
14	c	Candide	Taur. 15	24	f	
15	d	Longine mar	Taur. 27	25	g	Anunc. of Mary
16	e	Boniface	Gemini 9	26	a	
17	f	Gertrude	Gemini 21	27	b	☾ First quarter the
18	g	Edward kin	Cancer 3	28	c	18. day, 20. minutes
19	a	Joseph	Cancer 16	29	d	after 8. of the clocke
20	b	Eustert virg	Cancer 28	30	e	at night.
21	c	Benedict	Leo 11	31	f	
22	d	Afrodosse	Leo 24	1	g	April, 1632.
23	e	Theodoze	Virgo 8	2	a	
24	f	Agapit. East.	Virgo 22	3	b	
25	g	Anna of M.	Libra 6	4	c	☉ Full moone the
26	a	Castor mart.	Libra 20	5	d	25. day, 10. minutes
27	b	John. Reg. Car	Scorp. 5	6	e	after 3. of the clocke
28	c	Dorothe	Scorp. 19	7	f	in the morning.
29	d	Quintine	Sagit. 4	8	g	
30	e	Quirine.	Sagit. 19	9	a	
31	f	Adelme	Capric 3	10	b	

Aprill hath xxx. dayes.

This Aprill with his stormy showres,
Doth make the earth yeeld pleasant flowres :
Purge well therefore : for it is good,
To helpe thy body , and cleanse thy blood.

1	☿	Easter day.	Capric.	18	11	☿	Easter day,
2	a	Mary Egyp.	Aquar.	2	12	b	
3	b	Richard bish.	Aquar.	15	13	e	☾ Last quarter the
4	c	Ambrasse bish	Aquar.	29	14	f	1. day 55. minutes
5	d	Martian	Pisces	11	15	g	after 5. of the clocke
6	e	Sextus bish.	Pisces	24	16	a	in the after-noonne.
7	f	Egillippus	Tries	6	17	b	
8	☿	1. sun. aft. Ea.	Tries	18	18	☿	
9	a	word. come in.	Taurus	0	19	d	● New moone the
10	b	July bishop	Taurus	12	20	e	9. day 27. minutes
11	c	Sol in Pau.	Taurus	24	21	f	after 9. of the clocke
12	d	Ostwald arch	Gemini	5	22	g	in the fore-noonne.
13	e	Jenone	Gemini	17	23	a	
14	f	Dyffe	Gemini	29	24	b	
15	☿	Leonard	Cancer	11	25	☿	☾ First quarter the
16	a	Idoze	Cancer	24	26	d	17. day 56. minutes
17	b	Cosmie	Leo	5	27	e	after high noonne.
18	c	Cerme begit	Leo	19	28	f	
19	d	Alphege	Virgo	2	29	g	
20	e	Victor	Virgo	16	30	a	
21	f	Simeon	Libra	0	1	b	May. 1632
22	☿	3. sun. aft. Ea.	Libra	13	2	☿	
23	a	St. George	Libra	29	3	d	
24	b	Wilfride	Scorp.	13	4	d	● Full moone the
25	c	Matke Cus.	Scorp.	28	5	f	24. day 47. minutes
26	d	Clement	Sagit.	13	6	g	after 11. of the clock
27	e	Witalis	Sagit.	28	7	a	in the fore-noonne.
28	f	Peter of mil.	Capric.	13	8	b	
29	☿	4. sun. aft. Ea.	Capric.	27	9	☿	
30	a	Erkenwa de	Aquar.	11	10	d	

May ha th xxxj. dayes.

Now gallant May in his array,
Doth make the fields pleasant and gay :
Walke early now for thy healths sake,
And still thou maist some Physicke take.

1	b	Phil. & Jac	Aquar.	25	11	e	
2	c	Thanasius	Pisces	8	12	f	C Last quarter the
3	d	Innen.crosse	Pisces	21	13	g	1. day, 3. minutes
4	e	Floian	Aries	3	14	a	after 3. of the clocke
5	f	Edward	Aries	16	15	b	in the morning.
6	g	Rogation su	Aries	27	16	c	☾ New moone the
7	a	Wed. goe out	Taurus	9	17	d	9. day, 25. minutes
8	b	App. S. Nic	Taur.	21	18	e	after one of the clock
9	c	Theophilus	Gemini	3	19	f	in the morning.
10	d	Alecion da	Gemini	14	20	g	Alecion day.
11	e	Gordian	Gemini	26	21	a	☾ First quarter the
12	f	Sofia Gemi	Cancer	8	22	b	17. day, 16. minutes
13	g	Boniface	Cancer	20	23	c	after 2. of the clocke
14	a	Cerine end	Leo	2	24	d	in the morning.
15	b	Isidore mar.	Leo	15	25	e	☼ Full moone the
16	c	Dioscord. ma	Leo	27	26	f	23. day, 14. minutes
17	d	Gran. of Wa.	Virgo	11	27	g	after 7. of the clocke
18	e	Dunston	Virgo	24	28	a	at night.
19	f	Barnardine	Libra	8	29	b	
20	g	Whituesday	Libra	22	30	c	Whituesday,
21	a	Julian virg.	Scorp.	7	31	d	
22	b	Desiderii	Scorp.	22	1	e	June 1632.
23	c	Ember weel	Sagit.	7	2	f	
24	d	Gran. of fr.	Sagit.	22	3	g	
25	e	Adelme bish.	Capric.	7	4	a	C Last quarter the
26	f	August Eng.	Capric.	22	5	b	30. day, 26. minutes
27	g	Crump Lau	Aquar.	6	6	c	after 2. of the clocke
28	a	Wed. come in	Aquar.	20	7	d	in the after-noon.
29	b	Coron mart.	Pisces	4	8	e	
30	c	Felix bishop	Pisces	17	9	f	
31	d	Petronill. vir.	Aries	0	10	g	

June hath xxx. dayes.

This moneth of June vse clarified whay,
Boyled with coole hearbs, drinke alway.
From violent exercise now abstaine,
Except thou wilt in trouble remaine.

1	e	Terme begin	Aries	12	11	a	
2	f	Marcelline	Aries	25	12	b	
3	G	1 sun aft. tri.	Taur.	7	13	C	● New moone the
4	a	Petrocius co.	Taur.	18	14	d	7. day, 50. minutes
5	b	Boniface	Gemin.	0	15	e	after 4. of the clocke
6	c	Wolston	Gemin.	12	16	f	in the after-noon.
7	d	Will. archbish	Gemin.	24	17	g	
8	e	Hedero	Cancer	5	18	a	
9	f	Trans. Edw	Cancer	17	19	b	☾ First quarter the
10	G	2 sun aft. tri.	Cancer	29	20	C	15. day, 20. minutes
11	a	Barnabie	Leo	11	21	d	after high noone.
12	b	Dolfin Cancer	Leo	24	22	e	
13	c	Anthony con	Virgo	6	23	f	
14	d	Trans of Wi	Virgo	20	24	g	John Baptist.
15	e	Wite Modest	Libra	3	25	a	
16	f	Wass	Libra	17	26	b	● Full moone the
17	G	3 sun. aft. tri.	Scorp.	1	27	C	22. day, 33. minutes
18	a	Marcelline	Scorp.	17	28	d	after 2. of the clocke
19	b	Nat. Rex Iac	Sagit.	1	29	e	in the morning.
20	c	Terme ends	Sagit.	16	30	f	
21	d	Walburge vir	Capri.	1	1	g	July, 1632.
22	e	Alban mart.	Capri.	15	2	a	
23	f	Ethel. fast	Aquar.	0	3	b	
24	G	John B. vir.	Aquar.	14	4	C	☾ Last quarter the
25	a	Trans. of Ele	Aquar.	28	5	d	29. day, 15. minutes
26	b	John & Paul	Pisces	12	6	e	after 4. of the clocke
27	c	Crese. mart.	Pisces	25	7	f	in the morning.
28	d	Les. bish. fa.	Aries	8	8	g	
29	e	Detet Apost	Aries	21	9	1	
30	f	Tom. of Dav	Taur.	3	10	b	

Iuly hath xxxi. dayes.

Now in Iuly Dog dayes begin,
The Riuers are best to bathe in :
To take hot drinckes be not too bold,
But vse hearbes which be moyst and cold.

1	f	5. sun. aft. tri.	Taur.	15	11	
2	a	Clust. of Ma.	Taur.	27	12	d
3	b	Cran. of Cho	Gemini	9	13	e
4	c	Cran. of Ma	Gemini	21	14	f
5	d	Joe virgin	Cancer	3	15	g
6	e	Octa. of Pet.	Cancer	14	16	a
7	f	Martialis	Cancer	26	17	b
8	g	6. sun. aft. tri.	Leo	9	18	c
9	a	Trill bishop	Leo	21	19	d
10	b	7. Brethren	Virgo	3	20	e
11	c	Cran. of Ben	Virgo	19	21	f
12	d	Habor & Fel.	Libra	0	22	g
13	e	Solin Leo	Libra	13	23	a
14	f	Christopher	Libra	27	24	b
15	g	7. sun. aft. tri.	Scorp.	11	25	c
16	a	Cran. of Ol.	Scorp.	26	26	d
17	b	Kenelme Ki.	Sagit.	10	27	e
18	c	Arnolph	Sagit.	25	28	f
19	d	Dog da. beg	Capri.	10	29	g
20	e	Margaret	Capri.	24	30	a
21	f	Praxe virgin	Aquar.	9	31	b
22	g	Mary Magd	Aquar.	22	1	c
23	a	Apollinaris	Pisces	6	2	d
24	b	Christian rest	Pisces	20	3	e
25	c	James Apo.	Aries	3	4	f
26	d	An. mo. of M	Aries	16	5	g
27	e	7. Sleepers	Aries	28	6	a
28	f	Sampson bi.	Taur.	11	7	b
29	g	9. sun. aft. tri.	Taur.	23	8	c
30	a	Abdon & Se.	Gemini	5	9	d
31	b	Se: man bish	Gemini	17	10	e

☉ New moone the
7. day, 30. minutes
after 7. of the clocke
in the morning.

☾ First quarter the
14. day, 30. minutes
after 7. of the clocke
at night.

James Apostle.

☉ Full moone the
21. day, 29. minutes
after 10. of the clocke
in the fore-noone.

August, 1631.

☾ Last quarter the
28. day, 14. minutes
after 8. of the clocke
at night.

August hath xxxj. dayes.

This moneth of August take good heed :
For now will many surfets breed :
Let little sleepe thee now content,
If that diseases thou'lt preuent.

1	c	Lammas day	Gemini	29	11	f
2	d	Stephen bi.	Cancer	11	12	g
3	e	Annen. Step	Cancer	23	13	a
4	f	Austine priest	Leo	5	14	b
5	g	Gobryes con	Leo	18	15	c
6	a	Transfigura.	Virgo	0	16	d
7	b	Feast Iesus	Virgo	13	17	e
8	c	Triacke	Virgo	26	18	f
9	d	Roman mar.	Libra	10	19	g
10	e	Lampence	Libra	23	20	a
11	f	Elbart mart.	Scorp.	7	21	b
12	g	11 sun. afr. tri.	Scorp.	22	22	c
13	a	Apostle & his	Sagit.	6	23	d
14	b	Sol in Virgo.	Sagit.	21	24	e
15	c	Alum. of M.	Capric.	5	25	f
16	d	Roch marty.	Capric.	20	26	g
17	e	Oct. of Lam.	Aquar.	4	27	a
18	f	Agapite mar.	Aquar.	18	28	b
19	g	12. sun. afr. trin.	Pisces	1	29	c
20	a	Ludowicke	Pisces	15	30	d
21	b	Barnard	Pisces	28	31	e
22	c	Octa. Alum.	Aries	11	1	f
23	d	Timothy	Aries	23	2	g
24	e	Barthol. Ap.	Taurus	6	3	a
25	f	Letoes king	Taur.	12	4	b
26	g	Aug day	Gemini	0	5	c
27	a	Raphin mar.	Gemini	13	6	d
28	b	August. bish.	Gemini	25	7	e
29	c	John behead.	Cancer	7	8	f
30	d	Felix & Tri.	Cancer	19	9	g
31	e	Luthburge	Leo	1	10	a

● New moone the
5. day, 55. minutes
after 8. of the clocke
at night.

☾ First quarter the
13. day, 6. minutes
before one of the clocke
in the morning.

Bartholm. Apostle.

● Full moone the
19. day, 6. minutes
after 8. of the clocke
at night.

September 1632.

☾ Last quarter the
27. day, 52. minutes
after one of the clocke
in the after-noon.

September hath xxx. dayes.

Now maist thou Physicke safely take,
And bleed and bathe for thy healths sake:
Eate Figges, and Grapes, and spicery,
For to refresh thy members dry.

1	f	Egidius	Leo	14	11	b	
2	g	14. su. aft. tri.	Leo	27	12	a	
3	a	Gregory	Virgo	9	13	b	● New moone the
4	b	Trans. of Cu	Virgo	23	14	c	4. day, 19. minutes
5	c	Hercules	Libra	7	15	d	after 9. of the clocke
6	d	Eugenius	Libra	20	16	e	in the fore-noone.
7	e	Gorgon	Scorp.	4	17	a	
8	f	Nati. of Ma.	Scorp.	18	18	b	
9	g	15. sun. aft. tri.	Sagitar.	3	19	c	
10	a	Proth. & Jaci	Sagit.	17	20	d	
11	b	Martian	Capri.	1	21	e	Mathew,
12	c	Maurice	Capri.	16	22	f	
13	d	Shutus	Aquar.	0	23	g	☾ First quarter the
14	e	sol in Libra	Aquar.	14	24	a	11. day, 59. minutes
15	f	Gen. of Mar	Aquar.	28	25	b	after 5. of the clocke
16	g	16. su. aft. trin.	Pisces	11	26	c	in the morning.
17	a	Edith virg.	Pisces	24	27	d	● Full. moone the
18	b	Nicolas & Co.	Tries	7	28	e	13. day, 10. minutes
19	c	Ember week	Tries	19	29	f	after 8. of the clocke
20	d	Julianus	Taur.	2	30	g	in the morning.
21	e	Math. Post.	Taur.	14	1	a	October 1632.
22	f	Maurice	Taur.	26	2	b	
23	g	17. sun. aft. tri.	Gemini	8	3	c	
24	a	Samuel	Gemini	20	4	d	☾ Last quarter the
25	b	Fermine bish	Cancer	2	5	e	26. day, 33. minutes
26	c	Cyprian	Cancer	14	6	f	after 8. of the clocke
27	d	Colm. & Da.	Cancer	27	7	g	in the morning.
28	e	Exuper bisho	Leo	9	8	a	
29	f	Richa. Arch.	Leo	22	9	b	
30	g	18. sun. aft. tri.	Virgo	5	10	c	

October hath xxxi. dayes.

This moneth hot drinks and meates be good,
To keepe thy health and nourish thy blood:
Prouide warme cloathes and goe dry,
Thou shalt escape much danger thereby.

1	a	Benignus	Virgo	18	11	d	
2	b	Leodagar	Libra	1	12	e	
3	c	Candide	Libra	15	13	f	● New moone the
4	d	Francis	Libra	29	14	g	3. day, 33. minutes
5	e	Apollinaris	Scorp.	13	15	a	after 8. of the clocke
6	f	Faith virgin	Scorp.	28	16	b	at night.
7	g	9 Sun. pft. tr.	Sagit.	13	17	c	
8	a	Delage virg.	Sagit.	27	18	d	Take Euangelist.
9	b	Jerme begin	Cap.	12	19	e	
10	c	Edeon bish.	Cap.	26	20	f	☾ First quarter the
11	d	Burchade	Aquar.	11	21	g	10. day, 26. minutes
12	e	Wilfride	Aquar.	24	22	a	after high noone.
13	f	Iran. of Ed.	Pisces	8	23	b	
14	g	Sol in Scorp.	Pisces	21	24	c	
15	a	voltron	Aries	4	25	d	● Full moone the
16	b	Wich. mount.	Aries	16	26	e	17. day, 10. minutes
17	c	Iran. of Eth.	Aries	29	27	f	after 11. of the clock
18	d	Luke Euang	Taur.	11	28	g	at night.
19	e	Prodeswicke	Taur.	23	29	a	
20	f	Austrebert	Gemini	4	30	b	
21	g	1 Sun. pft. tr.	Gemini	16	31	c	
22	a	Mary Salo.	Gemini	28	1	d	November, 1632.
23	b	Rom. n bish.	Cancer	10	2	e	
24	c	Magloze	Cancer	22	3	f	
25	d	Crily. & Cri.	Leo	4	4	g	☾ Last quarter the
26	e	Arslu	Leo	17	5	a	26. day, 12. minutes
27	f	Floze uce aft.	Leo	29	6	b	after 3. of the clocke
28	g	Simon & J.	Virgo	12	7	c	in the morning.
29	a	Marcillus	Virgo	26	8	d	
30	b	Berman	Libra	9	9	e	
31	c	Quintine fa.	Libra	23	10	f	

Nouember hath xxx. dayes.

Now maist thou drinke sweet wines freely,
And vse good mirth and Company:
Abstaine from wrath and all enuy,
And vse thy brethren charitably.

1	d	St Sainus	Scorp.	8	11	g
2	e	St Ioules	Scorp.	22	12	a
3	f	Wenefride	Sagit.	7	13	b
4	g	23. su. aft. tri.	Sagit.	22	14	c
5	a	Baptists con.	Capri.	7	15	d
6	b	Leonard	Capri.	22	16	e
7	c	Wilfrid bissho.	Aquar.	6	17	f
8	d	4. Crowned	Aquar.	20	18	g
9	e	Theodore ma	Pisces	4	19	a
10	f	Bennet	Pisces	18	20	b
11	g	24. su. aft. trin.	Aries	1	21	c
12	a	Paterne mar	Aries	13	22	d
13	b	Sol in Sagit.	Aries	26	23	e
14	c	Tran. of Erh	Taur.	8	24	f
15	d	Wachute	Taur.	20	25	g
16	e	Edmund bish	Gemini	2	26	a
17	f	S. Hugh	Gemini	13	27	b
18	g	25. su. aft. trin.	Gemini	23	28	c
19	a	Elizabeth	Cancer	7	29	d
20	b	Edmund Ri.	Cancer	19	30	e
21	c	Presen. of M	Leo	0	1	f
22	d	Cicely	Leo	13	2	g
23	e	Clement	Leo	25	3	a
24	f	Epifogone	Virgo	8	4	b
25	g	Katherine	Virgo	20	5	c
26	a	Linus bishop	Libra	4	6	d
27	b	Agricola	Libra	18	7	e
28	c	Terme ends	Scorp.	2	8	f
29	d	Saturne. fa	Scorp.	16	9	g
30	e	Andres Ap	Sagit.	1	10	a

● New moone the
2. day, 10. minutes
after 7. of the clocke
in the morning.

☾ First quarter the
8. day, 48. minutes
after 9. of the clocke
at night.

● Full moone the
16. day, 47. minutes
after 4. of the clocke
in the after-noon.
Aduent Sunday.

December, 1632.

☾ Last quarter the
24. day, 33. minutes
after 8. of the clocke
at night.

December hath xxxj. dayes.

This moneth as I doe now remember,
The twenty five of this December,
Our Sauour Christ was borne that day,
That we might praise his name alway.

1	f	Elegie bishop	Sagit.	16	11	b	● New moone the
2	b	Aduent. sun.	Capric.	1	12	c	1. day, 22. minut. af-
3	a	Wed. goe out	Capri.	16	13	d	ter two of the clocke
4	b	Barbara vir.	Aquar.	1	14	e	in the after-noon.
5	c	Sabba abbot	Aquat.	15	15	f	
6	d	Nicholas	Aquar.	29	16	g	☾ First quarter the
7	e	Octa. of Ind.	Pisces	3	17	a	8. day, 28. minutes
8	f	Con. of Mar	Pisces	17	18	b	after 10. of the clock
9	g	2. sun. in adu.	Aries	10	19	c	in the fore-noon.
10	a	Eulakel	Aries	23	20	d	
11	b	Damastus	Taur.	5	21	e	● Full moone the
12	c	Sol in Capri.	Taur.	17	22	f	16. day; 6. minutes
13	d	S. Lucie	Taur.	29	23	g	after high-noon.
14	e	Otholie virg.	Gemini	11	24	a	
15	f	Valerius	Gemini	23	25	b	Christmas,
16	g	3. sun. in adu.	Cancer	4	26	c	St. Stephen,
17	a	Lazarus bish.	Cancer	16	27	d	John Euangelist,
18	b	Gratian	Cancer	28	28	e	Innocents.
19	c	Ember week	Leo	9	29	f	
20	d	Julian, fast.	Leo	21	30	g	
21	e	Thomas Ap.	Virgo	4	31	a	
22	f	30. martyrs	Virgo	16	1	b	January, 1632.
23	g	4. sun. in adu.	Virgo	29	2	c	☾ Last quarter the
24	a	Adam, iust.	Libra	13	3	d	24. day, 44. min. after
25	b	Christmas,	Libra	26	4	e	11. of the clocke in
26	c	S. Stephen	Scorp.	10	5	f	the forenoon.
27	d	John Euang.	Scorp.	25	6	g	● New moone the
28	e	Innocents,	Sagit.	9	7	a	31. day; 36. minutes
29	f	Thom. Beek	Sagit.	24	8	b	after 3. of the clocke
30	g	David	Capric.	9	9	c	in the morning.
31	a	Silvester	Capric.	24	10	d	

ANNO. 1632.

A Prognostication serving for
the year of our Lord God and

Saviour Iesus Christ.

1632.

Wherein you may obserue the
grounds of the alteration and condition
of the foure Quarters of the year; as al-
so the disposition of the Ayer for each
seuerall moneth, according to the incli-
nation of the Celestiall bodies, with the Change of
the Moone, and the time of the Eclipses,
and other necessarie obseruations,
*conuenient in such a worke
to bee noted.*

*Calculated, and especially referred to the
Longitude and Elevation of the Pole Ar-
ticke of the ancient and famous City of
Norwich, and may serue for all
ENGLAND.*

¶ Collected and published by
John Nene, Gent.

A necessary rule to know the beginning and ending of every Terme, with their retournes.

Hillarie Terme beginneth the 23. of Ianuary, and endeth the 12. of February, and hath foure Retournes.

Octabis Hillarij. } } Crastino Purif.
Quind Hillarij. } } Octabis Purifica.

Easter Terme, beginneth 11. dayes after Easter, and endeth the Sunday next after Ascension, hauing five Retournes.

Quind Paschæ. } Mensc Paschæ } Quind; Paschæ.
Tres Paschæ. } } Crast. Ascen.

Trinity Terme, beginneth the Friday after Trinity Sunday, and endeth the Wednesday fortnight following, and hath foure Retournes.

Crasti Trinitatis. } } Quind. Trinitatis.
Octabis Trinitatis. } } Tres Trinitatis.

Michaelmas Terme, beginneth the 9. of October, and endeth the 28. of Nouember, & hath eight Retournes.

Octabis Michael. } } Crast. Animarum. }
Quind Michael. } } Crast. Martinj. }
Tres Michael. } } Octabis Martinj. }
Mensc Michael. } } Quind Martinj. }

Note that the Exchequer openeth eight dayes before any Terme begins, except Trinity Terme, in which it openeth but foure dayes before.

On these dayes following, the Iudges sit not at Westminster.

In } Hillary }
} Easter } Terme on }
} Trinity. } } Candelmas }
} Michael } } Ascension } Day.
} } Midfomer. }
} } Alholland }

Certaine

Certaine profitable Rules, and briefe
observations, concerning Husbandry.

The best time to sow all kind of Coine, is when the
Moone goeth her course in Cancer.

The best time to plant and graft, when the Moone
is in a fixed signe, especially in Taurus or Aquarius: and
in the increase of the moone, which is betwene the
change and full.

To set and sow all kind of seedes, the Moone being
well seated in Aries, Taurus, Cancer, Virgo, Libra, Capri-
cornus, Aquarius, or Pisces.

To fell timber to build withall, when the Moone is
towards the last quarter, shee being then in Aquarius or
Pisces.

To crop trees: & fell wood to burne, that the stocke may
the better and sooner grow againe, when the Moone is
in the first quarter.

Remoue and set young trees, in the last quarter of the
Moone, in Taurus or Capricornus, that in the moneths
of September, October, November, and February.

The best time to geld Cattell, the moone being in
Aries, Sagitarius, or Capricornus.

The best time to cut Vines, is in February or March,
the Moone increasing, in Taurus, Virgo, or Libra.

The best time to sheare sheepe, is in the increase of the
Moone, that is from the change to the full.

To cut haye that it may the sooner grow againe,
the Moone increasing in Taurus, Virgo, or Libra.

To mucke your land that the weeds may not grow
thereby, is in the decreasing of the Moone, that is from
the full to the change.

Of the Eclipses which shall happen this present
yeare of our Lord God 1636.

The two great lights of Heaven, will suffer foure
times the loss and diminution of the light, that they be
usually

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usually impart to the Inhabitants of the earth: whereof there will be Two Eclipses of the Sun, and Two of the Moone: but the latter of the Moone will be visible in our Horizon.

Of the first Eclipse

There will visibly appeare a great Eclipse of the Sun, unto the view of the people, which doe inhabite towards the South from us, in the promontorie of Africa, about Capuebonospi, and the Islands of Madagascar, St. Lawrence, and those parts adjoining, upon the 9 of Aprill after our computation: but according to the foreigne computation the 12 of the same month at which time, both the great lights shall bee containted about the 19 degree of Aries, in a signe of the partition of the fiery Triplexity, naturally hot and dry, of complexion Cholericke, Masculine, orientall, diurnall, moveable, the house of Mars, and the exaltation of the Sun. The degrees Eclipsed, will be 11. & 19. min. The total duration will be one houre and 22. minutes.

Of the second Eclipse

Vpon the 24 day of Aprill after our computation, but according to the beyond Sea account, on the 4 of May, will happen to bee seene a partiall Eclipse of the Moone unto our Antipodes, which inhabite about the Islands of Solomon, and the uttermost parts of Mexico, whose Longitude is 88 to 208. to whom this Eclipse may apparently be seene 47 mi: after 11 a clocke, in the forenoone, the Moone then being in Scorpio in a signe of the watery Triplexity cold and moist: the degrees Eclipsed are 8 and 7 min: The total continuance of this obscuring will be 1 houre and 17 minutes.

Of the third Eclipse

There shall appeare a partiall Eclipse of the bright Globe of the Sun unto the Inhabitants which are

now situated in the North part of America commonly called Mexico, and noua Granata, with those parts next adjoining, whose Longitude is 265 degrees, and North Latitude 31 deg: upon the 3 of October according to our computation, but in the reformed yeere on the 13 of the same moneth, about 9 a clocke at night, the great lights being then coniuncted about the 20 degree: of Libra (neere Cauda Draconis) in a signe of the ay: ie Triplicitie, hot and moist, &c. The points of degrees Eclipsed, are 9 and 21 minutes. The continuance of this Eclipse will be 2 houres and 57 minutes.

Of the Fourth Eclipse.

Vpon the 17. day of October (according to our English account, but on the 27 day of the same moneth after the Gregorian yeere) will be seene heere with vs in England a small Eclipse of the moone 10. min: after 11 of the clocke at night, she being at that instant (neere Caput Draconis) in Taurus in a signe of the earthly Triplicity cold and dry and the house of Venus. The deg: Eclipsed 5, and 5 min: This lunary obscuration will bee 2 houres 36 minutes.

Briefe Rules, and necessarie obseruations, concerning Bleeding, Bathing, Purging, and Sweating,

according to the motions of the Moone.

Vhen the weather is extreame hot or cold, it is not then conuenient, either to let blood or to purge: Onlesse some great necessitie doe require it: yet notwithstanding, if this bloodletting be for the Phrensie, the Apoplexie, for a continual head-ach proceeding of choller or blood, or any hot burning Ague, or other extreame paine, a man in such a case may not tarrie a chosen time, because the patient might miscarrie in the meane season. But in this foresaid case of extremitie, blood is not to be let in such a quantity as otherwise it would, if a chosen time might be expected.

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The best time to let the Phlegmatick blood, is when the Moone is in V. or 7. the head & thighes excepted.

For the Melanchollie, the Moone being in Libra, or Aquarius, the buttockes and legges excepted.

For the Cholericke, the Moone being in Cancer, Scorpio, or Pisces, the brest and feete excepted.

For the Sanguine all be good which before is named.

In Spring time, let blood at the right side.

In Harvest time, let blood at the left side.

For Bathing.

Bathings, are commonly vied rather for pleasure then for profit, especially where hot-houses are ouermuch haunted, but I mind not to speake of them in this place, other wise then to aduertise those that tender their owne health, to be warie and circumspect in resorting vnto them without cause, and immediately after or with such persons as be vncleane. Know that it is not good to bath the moone being in earthly signes, as in 8. 11. or 12. the reason is because they are of a cold and drie nature, and the nature of Cold is to restraints and bind, and so the moone being in these signes the pores of the body are closed and shut, so that there can be no resolution of humours & superfluities, which by bathing ought to be auoyded.

But in fiery signes, as when the moon is in V. 9. or 7. then it is good time for bathing, for then the body is apt to resolution, tis the nature of heat, to open & resolve.

It is best bathing, 1. or 3. daies after the change, and at the full of the Moone, for then the superfluities are ripe and ready to auoyd and disposed to flow and issue out, which is indeed the end and vse of Bathing.

If any will enter into the bath onely for cleanness sake let the moone be in 12. or 11.

Furthermore if Bathing be vied for health, let the party grieved learne of the wise Physicion, whether his

his sicknesse hath need of moistening, or drying, for if it doth require moistening, as in Pchisis, and such like, then let him bath in waterie signes, hauing good aspects of Iupiter or Venus; But if the sicknesse require drying as in Paralysis and thelike, then let him Bath the moone being in fiery signes, hauing good aspects of Mars and the Sunne.

Also before you enter into any Bath, your body must be first purged, for if you goe in vnprepared & vnputged, peraduenture you may be worse then before.

The best time of the yeare to Bath in, is the Spring and Harvest, and in the moneth of May and September. The best time of the day to goe into the Bath, is one houre after the Sun rising at the least, alwaies prouided, that you must walke either an houre or halfe an houre before, and haue a stoole either by nature or art: you must couer your head well, so long as you be in the Bath, and beware you drinke not cold drinke although you be very thirstie, but forbear all things that be cold, least when you are hot within, cold strike suddenly into some principall member and so hurt you.

The time of tarying in the Bath, is commonly one houre, but it may be more or lesse, according to the nature of the Bath, or sickness of the party, at the discretion of the wise Physician.

For Purging.

In purging these 5. things ought to be known

1. The humour which aboundeth.
2. The best way to auoid it.
3. The strength of the person.
4. The manner of the sicknesse.
5. The force and nature of the medicine.

For when these things are not considered and observed, many perillous accidents may follow, and greatly hurt and grieue the body.

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Good signes for purging generally, are Cancer, Scorpio, and Pisces.

Particularly, as with potions, or drinckes, the moone being in Scorpio.

Purge with Electuaries, the Moone being in Cancer.

Purge with Pilles, the Moone being in Pisces.

Take Preparatives, the Moone being in Gemini, Libra, or Aquarius.

Take Vomits, the moone being in Aries, Taurus, or Capricornus.

Take Gargarises, the moone in Aries, Cancer, or Capricornus.

Take Clysters, the moone being in Libra, or Scorpio.

Topique needlings, the moone being in Cancer, Leo or Libra.

To stop Fluxes, Rhumes, and Laxes, the moone being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue Attractive, the moone in Aries, Leo, or Sagittarius.

Good to comfort the vertue Digestive, the Moone being in Gemini, Libra, or Aquarius.

Good to Comfort the vertue Retentive, the moone being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue Expulsive, the Moone being in Cancer, Scorpio, or Pisces.

For using of unguents or plaisters, it is best to be applied, when the moone is in that signe which governeth the same member or part of the body, to which it is applicable.

For Sweatings.

Sweatings as they are of two sorts, that is to say naturall, and artificiall, so they are vled for two ends and purposes; The naturall Sweat, if good herbe be taken

taken in opening of the Pores, will dissolve grosse and
thicke humors, will cleanse the blood, will comfort the
Spirits, will put away cold, will consume raw hu-
mors, qualifie and quench raging feavers, will helpe
summer, and the Diaphe.

The artificiall Sweat, will cleanse scabs, put away
itch, amend dulnesse in the hearing, ease the stone, re-
solve congealed and cold melancholy blood and humors.

But for the better performing, and effectuell work-
ing in these causes, the counsell of the learned Physi-
cian is to be desired and bled.

The best and sweetest signes to sweat in, are Leo, A-
ries, and Sagitarius, and that two or three dayes after
the change, and at the full of the Moone.

And note that sweating, is better to be done in the
evening, then in the morning, for when the body hath
nourishment within, the spirits shall not be drawne
bitterly forth, to the extraine parts.

Note further, that leane folkes, and very feeble
persons must sweate little, for it will hurt them much,
but fat folkes may sweate well, and it will doe them
much good.

*A Brieve Description of the Foure Quarters
of this yeare of our Lord God. 1632.*

Of Winter.

Winter, (which is the chiefest Capitall foe
for the Spring, the disgrace of Summer,
and the deepe denourer of the fruitfull Harvest,) began
to take his effects according to our vsuall computation,
the 12. day of December in the yeare aforesaid, at the
first entrance of the sun into the first minute of the signe
Capricorne, at which time the Sun shall be at his grea-
test South declination from the Equinoctiall line, so
that

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that he riseth South-east, and setteth South-west. Now is the Hiemall or winter winter, for the sun is so farre removed from our Zenith or verticall poine, that he cannot decline any further, & stands at a stop or stay and then is the shortest day & longest night in the yeere, & so this quarter doth continue untill the 11. of March next following.

This season is by nature cold and moyst, vnpleasant for the most part to travellers, either by Land or sea, and to aged persons, it is very combersome & noysome, causing superfluity of raiuenesse, and abundance of cold moystnesse to ouerflow their bodys, to their great troubles and disquietnesse.

The diseases incident to this Quarter, are Agues, Gouts, Boles, hoarsenesse, Catharres, Droplics, the Stone and strangurie, Palsies, Consumptions, and all cold diseases that comes by want of bloud, are answerable to the condition of this season.

Thus will the starres if God assent,
Whose power alone, can all preuent.

Of the Spring.

The Sun (which is the eye of the world, the fountain of light, and the chiefe moderator of all the rest of the lights) hath like a Gyant run his race, & finished his reuolution, (Gradatim) throughout the 12. signes, and now becommeth his iourney afresh againe, & goeth an euen counte, and so becommes an indifferent Arbitrator betweene the night and the day, and maketh an equality throughout his whole government, to the great ioy & comfort of all his reuiued subiects, chearing with his splendant countenance, the poore afflicted weather-worne weeds of this our dark star of mortality, (which the darkned countenance of winters extremity had almost subdued,) with his excellent presence, to brat the earth

earth begins to smile, and to put on her new apparrell,
the flourishing liuery of fresh Flora.

This season is by nature hot & moyst, the most tem-
perate time of all the yeare, & the least breeder of sick-
nesse that doth procure death, and a very convenient
time, for the removing of sicknesses and griefes gotten
before, and also to auoyd and prevent those that are to
come: for now the dull fumes & spirites of man & other
creatures are quickned and reuiued, and therefore the
humors which doe abound, and are readiest to represse
nature are fit to be emptied and auoyded, whether by
blood-letting, purging, or otherwise as the learned
Physician shall aduise, and as the cause of the disease
shall require, such therefore as be diseased, let them not
neglect this time.

Sicknesses like to rage this quarter, are small poxes,
measles, squinancies, hot feuers, obstructions, jaundise,
plurisies, and such like as proceed of the corruption of
blood.

Infections from the starres may fall,
But one above doth stay them all.

Of Summer.

Summer the third part of our vulgar yeare, accor-
ding to our vsuall computation, now when the Sun
hath fully determined the Spring time, with his last
grade of Gem: and hath mooued in his motion to the
highest point of his course, namely to the first degree of
Cancer, which shall be this yeere on the 12 of Iune. Now
is the second Solstice of the yeare, called the estiuall or
Summer solstice, for euen as the Sunne when hee en-
tered into v. hath his greatest South declination from
the equinoctiall line: so now at his ingresse into the be-
ginning of Cancer, he hath his greatest declination to-
wards the North from the sayd equinoctiall line, and
euen

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even then, as at the time of winter solstice he was so far removed from our vertical point that he could not move no further towards the South, and was therefore to approach againe toward our North Latitude at which time he seemeth to stand: so now being come so neere our Zenith that hee cannot remove no further towards the South Latitude. At his first going from vs he seemeth also to stand, insomuch that even as before at his returne towards vs againe hee made with vs the shortest day & longest night in the yeare, so now at his returne from vs he maketh with vs contrariwise, the longest day & shortest night in the yeare: And afterwards declineth more & more from vs, like as before he moved more toward vs.

This season according to his proper nature, is hot & dry, turning the humours of mens bodies, from coldnesse and moysture, into heatnesse and drynesse, resembling the Element of fire & complexion of cholier, bringing all fruites to their ripenesse, cattie to their fatnesse, and men to their wealth.

Grievest incident to this quarter are burning fevers, hot inflammations, chollerike vomittings, fluxes, pimples, of the face, obstructions, jaundise, many sharpe diseases, and other distemperatures.

Though starres incline to workes ill,
All shall be as the maker will.

Of Autumne.

Autumne, according to our accustomed computation the last quarter of this yeere, beginneth at the suns departure from the last scruple of Virgo into the first degree of the second equinoctiall signe Libra, the which will bee this yeare on the fourteenth day of September, the day and night being of an equall length as in the Spring: At which time is the Autumnall Equinoctiall

notfall, for euen as at the Sunnes entrance into Arjes, the day by increasing from the winter Solstice till then, came to be equall with the night, going on still more and more till the Summer Solstice, when was the longest day and shortest night. So now the night by increasing from the Equall Solstice, to this the Sunnes ingredience into Libra, hath got to be equall with the day, and shall increase more and more till the brumall Solstice come againe, when the night is longest and the day shortest. This time of the yeare, is of it selfe vnconstant and variable, warme in the day time and cold in the night. This quarter because of the inequality of temperature, may as Hippocrates saith, be called the mother or nurse of deadly sicknesses. And Galen saith, that this time of the yeare is very dangerous for taking of sicknesses.

The infirmities subject to this quarter, are obstructions, quartaine Agues, Hemorrhoids, Dropsies, Vertigo, Falling sickness, with other melancholly diseases, which the Lord deliuer vs from, Amen.

Thus euery planet in his kinde,

Is to performe the Almightyes minde.

A Declaration of the inclination and disposition of the winds and weather, according to the diuers motions and influences of the erraticall and fixed starres: with the day, houre, and minute of the change of the Moone, her full and quarters: and also of the rising and setting of the Sunne, in euery Seauenth day of euery Month of this present yeare of our Lord God. 1632.

OF

Of Ianuary.

Day.	The Sunne riseth.	The Sunne setteth.
1	houres 8 and 3 minuts	houres 3 and 57 minuts.
7	houres 7 and 56 minuts	houres 4 and 4 minuts.
14	houres 7 and 46 minuts	houres 4 and 14 minuts.
21	houres 7 and 34 minuts	houres 4 and 26 minuts.
28	houres 7 and 23 minuts	houres 4 and 37 minuts.

Last quarter the 4 day about 8 of the clock at night, frosty and cold.

New Moone the 11 day 30 min: after 1 in the after-
noon, ouercassling cloudes.

First quarter the 19 day 20 min: after 1 in the mor-
ning, cloudy and cold.

Full Moone the 27 day 24 min: after 3 of the clocke
in the morning, some storme to be expected.

Ianuarie Abstract.

In this moneth, let not blood, neither vse but little phi-
sicke, except great necessity constraines thee, and be-
ware of taking cold, for in this moneth Rheumes and
legmes do much increase: to fast long is hurtfull, but to
drinke white wine fasting is good and wholesome, vse
meates that are naturally hot moderately, and weare
warmed cloathes.

In worldly busines, this moneth you may set all
kind of common fruit trees, or plants, as Peares,
Plum, Cherrie, Filbert, Walnut, and such like, haw-
thorne, and all sorts of quicksets, trees or plants, are
fittest to be generally set from the change to the first
quarter.

Take away mosse & superfluous branches from your
trees, and this moneth is good to set Beanes, Pease,
Barbaris, Radish, Leekes, Garlike, Turneps, & On-
ions, if the weather be mild & the moone past her full,
you may begin to graft at the end of this moneth so as
the moone being increasing in her light good husbands
also this moneth, crop their trees, fell timber, and geld
sawle, such as may be gelded, the state of the moone al-
waies considered.

Of

Of February.

Day.	The Sunne riseth.	The Sunne setteth.
1	houres 7 and 13 minutes	houres 4 and 47 minutes.
7	houres 7 and 4 minutes	houres 4 and 56 minutes.
14	houres 6 and 50 minutes	houres 5 and 10 minutes.
21	houres 6 and 34 minutes	houres 5 and 26 minutes.
28	houres 6 and 22 minutes	houres 5 and 38 minutes.

Last quarter the 3 day 37 min: after 3 in the morning, foule blustering weather.

New Moone the 10 day 57 min: after 2 in the morning, inclined to moisture.

First quarter 18 day 3 m: after 1 morn, frosty & cold.

Full moone 25 day 35. min: after 4 in the afternoon, some fall of moisture.

Februaries Abstract.

In this moneth all stumie fish, milke, and rice, and such like, that doe oppilate or stop the liuer & vatnes, or thicken the blood, are to be eschewed as enemies to healeth, also yet forbear phisicke and letting of blood, except great necessity doe bidge, and learned counsell doe aduise you, beware of taking cold, for now Agues are apt to be taken, & it is very ill to take heates, and afterwards suddaine cold upon them.

Now is the most apt time to graft, plant, and set all kind of trees and bushes, the winde and weather & the age of the moone aforesaid considered: pease, beanes, hastings, onions, parsnips, and such like as in January may very sley be set, in the wane of the moone. The time is now to trym by Gardens, to set & sow all kinde of hatching hearbes, to set slips, sow kernells, mustard-seede, oates, set hops, vines, cut and progre them, sicke by your rounciuals please, and hastings.

Of March.

Day.	The sunne riseth.	The sunne setteth.
1	houres 6 and 20 minutes	houres 5 and 40 minutes.
7	houres 6 and 8 minutes	houres 5 and 52 minutes.
14	houres 5 and 54 minutes	houres 6 and 6 minutes.
21	houres 5 and 40 minutes	houres 6 and 20 minutes.
28	houres 5 and 16 minutes	houres 6 and 34 minutes.

A Prognostication

Last quarter the 3 day 25 min : after 10 in the fore-
noon, apt for the time.

From moone the 17. day 50 min : after 5 in the after-
noon, lothring and vnconstant.

First quarter the 18 day 20 min : after 8 at night in-
clined to raine.

Full Moone the 25 day 10 min : after 3 in the mor-
ning, strng the season.

Marches Abstract.

In this moneth the humours of mans body doe begin
to increase: and now grosse feeding breedeth grosse blood
and grosse humours, and therefore ble meates of good
digestion, and such as breed good iuyce: it is a good
time to purge and clarifie the blood by potions, Bath-
ings and bloodletting vj such other waies as the learned
Physician shall appoynt, and as the cause of the disease
shall require, now also sweete meates and drinckes are
comfortable.

Cherrie of grafting as yet endureth, to ether with
setting, sowing, proping, and plashing of vines, hops,
willow, oates, field pease, onions, parsnips, and such
like.

Of Aprill.

Day.	The Sunne riseth.	The Sunne setteth.
1	houres 7 and 18 minutes	houres 6 and 42 minutes.
7	houres 5 and 6 minutes	houres 6 and 54 minutes.
14	houres 4 and 54 minutes	houres 7 and 6 minutes.
21	houres 4 and 39 minutes	houres 7 and 21 minutes.
28	houres 4 and 29 minutes	houres 7 and 31 minutes.

Last quarter the 1 day 55 min : after 5 in the after-
noon, reasonable temperate.

From moone the 9 day 27 min : after 9 in the fore-
noon, apt for the time.

First

First quarter the 17 day 16 min: after high noone,
fairer weather.

Full moone the 24 day 47 min: after 12 in the day,
moone, some April Showers.

April Abstract.

In this month of April, the pores of mans body
are opened, and apt to receive physike: and they that
refuse the same, I commit them to the benefit of nature
for of all tymes of the yeare, this is the best time to
prevent causes of sicknesses, or for speedy remedie in
extremities, for now nature both renew strength
through all the body: So where sickness happeneth,
shee some unburdeneth by the meanes of Physike:
wherefore what it cannot doe now, it will hardly be
done hereafter, therefore take tyme now whilst time
is, &c.

As yet you may graft and prouine vines, and also set
Aprions, Cofcumbers, Citrons, Hartichokes, and
pole be hops, sow Barly, Tanagers apply themselves
to barking of Trees, &c.

Of May.

Day	The Sun riseth.	The Sun setteth.
1	houres 4 and 23 min:	houres 7 and 37 minuts
7	houres 4 and 15 min:	houres 7 and 45 minuts
14	houres 4 and 5 min:	houres 7 and 55 minuts
21	houres 5 and 6 min:	houres 8 and 4 minuts
28	houres 5 and 10 min:	houres 8 and 10 minuts

Last quarter the 1 day 3 min: after 3 in morning,
windy and unconstant.

Full Moone the 9 day 25 min: after 1 morning, in-
clined to showers.

First quarter the 17 day 16 min: after 3 morning,
overcasting clouds.

Full moone the 24 day 47 min: after 7 at night, un-
constant.

Last quarter the 30 day 16 min: after 2 afternoon,
not for the season.

A Prognostication.

Mayes Abstract.

In this moneth rise early, for they both not late
any haggard, and let such as be in health and able,
walks into the field, and to take and drinke berries in
good and wholesome, abstayne from all meates that be
of a hot nature, and such as bee sicke, it is very good
time of the yeare to be let blood or take physicke. Such
as be whole, God keepe them in health, and such as be
sicke, God send them good physicians and physicke.

The tyme is now sitting to sow Barill, mareson,
and such like seeds, as before might not be sowe, be-
cause of the coldness of the weather, let sowe accord-
ing to the proportion, let sowe in May, and it will
last all way, sow flaxe and hemp, let hartshokes, sow
your Hoppes and Gardens, let to your grafts that no
superfluous branches trouble them: May dew, Rose
mary flowers, and Beane flowers, may at your plea-
sure be distilled this moneth, and now also have a care
of watching your Bees

Of June.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 3 and 49 minutes	houres 8 and 11 minutes
7	houres 3 and 47 minutes	houres 8 and 14 minutes
14	houres 3 and 47 minutes	houres 8 and 13 minutes
21	houres 3 and 49 minutes	houres 8 and 11 minutes
28	houres 3 and 51 minutes	houres 8 and 8 minutes

From the 7 day 50 minutes after 4 after-
noon, ayre and pleasant.

Full quarter the 15 day 10 min: after high noone,
ayre weather.

Full moon the 23 day 33 min: after 2 morning,
temperate.

Last quarter the 19 day 15 min: after 4 morning,
ayre the time

June

In this Month, if thou wilt needes vse Physicke,
take it in the morning early, that it may haue wrought
before the heat of the day, and vse a light and thin diet,
for the stomacke is not so able to digest as in winter, or
some other of the former monthes, it is very good and
conuenient for some to drinke clarified whey boylen
with cold hearbs, & to abstayne from violent exercise.
Distilling of Roses, making of Syrops, and Con-
serues are now in ppyne, now gather such hearbs as
you meane to helpe all the yeare, but bee sure you dry
them in the shade, good husbands and hyswives are
now sowing their Cozne and Gardens, and other
shearing their sheepe, the time serues to set Rosemary,
and Gillsflowers, take heede of cutting either hedge, or
trees, or hearbs, with kniffe, but rather gather them
with your fingers, now you may let Hacken, carry
out Compost, make Hay, re Gardens of Snailles,
Ants, or Dismiers.

Of Iuly.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 3 and 54 minn.	houres 8 and 6 minuts.
7	houres 3 and 59 minn.	houres 8 and 1 minuts.
14	houres 4 and 7 minn.	houres 7 and 53 minuts.
21	houres 4 and 20 minn.	houres 7 and 40 minuts.
28	houres 4 and 30 minn.	houres 7 and 30 minuts.

New moone the 7 day 30 minutes more, soule-
try most weather.

First quarter the 14 day 30 min: after 7 at night,
vncoustant.

Full moone the 21 day 30 min: after 10 forenoon
stopping and vncoustant.

Last quarter the 28 day 14 min: after 8 at night, or
overcasting clouds.

A Prognostication.

Iulius Abstract.

In this Moneth use cold herbs, and cold meates, abstinence from physicks, and also the Riuets are more wholesome then the Bathes, let the Sun be by before you walke abroad. In the time of any plague or pestilence keepe your Chamber window shut, opening it when the Sun hath force of shining, and bee sure to perfume your Chambers every evening with Carre put on a Chafindish of coales, then which nothing is better, and let them use Cadus Benedictus boyled and drinke fasting. May harvest, now collecth slacke husbandes to worke, and such as haue lease, it is good to sowe for wheate, and to carry out soyle, and to gather leedes and flowers to keepe all the yeare, and to dry them in the shade till they be almost dry, and the set them a while in the Sun, and in like manner may you use your herbs.

Of August.

Day	The Sonne riseth.	The Sonne setteth.
1	houres 4 and 36 minutes	houres 7 and 24 minutes
7	houres 4 and 48 minutes	houres 7 and 12 minutes
14	houres 5 and 0 minutes	houres 7 and 0 minutes
21	houres 5 and 12 minutes	houres 6 and 44 minutes
28	houres 5 and 24 minutes	houres 6 and 32 minutes

First Moone the 5 day 55 min: after 8 at night,
winde and boyme

First quarter the 13 day 6 minutes before 1 morning, winde.

Full Moone the 21 day 6 min: after 8 at night,
inclined to morrowe.

Last quarter the 27 day 5 min: after 1 in the afternoon, apt for the season.

August

Nene 1632.

Augusts Abstract.

In August moderate weather is good Physicke, for now it is very dangerous to surfeit, and to take heede of heates and of colds, for nothing sooner ingendereth Whirlikes. And vse not to sleepe much, and especially afternoone, for making oppilations, and for aborping of Agues, and the headach, and catharres. And let a man now abstayne from Physicke, except great necessitie doe compell. Now Lady Ceres lookes to haue men enough to attend her. They that would haue good seeds for their Gardens the next yeare, must now gather of their owne, least in buying they loose their money and labour. And such as desire to haue lettuce or other hearbs for winter, may sow seeds in the increse of the Moone.

Of September.

Day	The Sunne riseth.	The Sun setteth.
1	houres 5 and 34 minuts	houres 6 and 26 minuts
7	houres 5 and 46 minuts	houres 6 and 14 minuts
14	houres 6 and 2 minuts	houres 5 and 58 minuts
21	houres 6 and 14 minuts	houres 5 and 46 minuts
28	houres 6 and 28 minuts	houres 5 and 32 minuts

Now moone 4 day 19 min: after 9 forenoone reasonable temperate.

First quarter the 11 day 59 min: after 5 morning, sitting the season.

Full moone the 18 day 10 min: after 8 in morning, setting.

Last quarter the 26 day 33 minuts after 8 morning, wet and rainy.

Septembers Abstract.

In this Moneth, such as haue neede may safely take Physicke, and also may Bath and Bleede in this Moneth, all things are in their proper nature & vertue, and such fruits as are ripe and not infected, are good to eate for such as haue good stomaches. The

A Prognostication.

time is good to make conserve of Barberies, & Quinces, winter herbs must be now sowne, likewise is the time to set hartbeakes, vole trees, apple trees, peares, wardenes, strawberries, violets, gilliflowers, Apples are to be gathered at the full of the Moone: Also parternips, and in dry weather gather your Hopps, good Husbandry is sowing Rie and wheate, good huswifery is making of beruys, and picking of hempe.

Of October.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 6 and 34 minuts	houres 5 and 16 minuts
7	houres 6 and 46 minuts	houres 5 and 14 minuts
14	houres 7 and 0 minuts	houres 4 and 0 minuts
21	houres 7 and 15 minuts	houres 4 and 45 minuts
28	houres 7 and 16 minuts	houres 4 and 34 minuts

New moone the 3 day 33 min: after 8 at night, reasonable fayre.

First quarter the 10 day 16 min: after high noone, somewhat cloudy.

Full Moone the 17 day 10 min: after 11 at night on recalling clouds.

Last quarter the 26 day 12 min: after 3 in noone, temperate.

Octobers Abstract.

In this moneth thou maiest take physick, also bath if occasion serue, vse hot meates, and drinckes, and good wholesome wines to nourish good blood. And be ware of taking cold, because the quartane Ague will be apt to be taken, & such other dangerous diseases. Remember young trees, as apples, peares, quinces, viles &c. Set pease, parternips, &c. Good Husbandry neede not be halted to sowing of wheate, see Ruts, & cornes, and fuller us, and to doing of such good husbandry.

Of

Of November.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 7 and 33 minuts	houres 4 and 27 minuts
7	houres 7 and 42 minuts	houres 4 and 18 minuts
14	houres 7 and 52 minuts	houres 4 and 8 minuts
21	houres 8 and 3 minuts	houres 3 and 57 minuts
28	houres 8 and 9 minuts	houres 3 and 51 minuts

New Moone the 3 day 10 minuts after 7 morning
Rising.

First quarter the 8 day 48 minuts after 9 at night
Winterly weather.

Full Moone the 16 day 47 min : after 4 afternoone
Foule weather.

Last quarter the 24 day 33 min : after 8 at night.
Wring the season.

Nouembers Abstract.

In November finish the yelliche that ye moue to
take, & so rest till March, except some great necessity
doe constrainye you, use good meats & wholesome drinke
to nourish the blood, provide the warme clothyng, goe
dye on the feet, & alle make sure account of Rheume
and palse, belidys some other Inconuenience that will
ensue. Be ware of the hot-house this moneth, and use
Betony and Cinamon in drinke.

In the newe of 7 mon you may ventur pōng trees as
the last moneth, and set crab-tree stocks to graft vpon
when you please. It is a good time in the wane of the
moone to set pease, beanes, and if the weather be not
too hard, it is good sowing of Parlenips, good making
of manlt, an killing of Beues and swine.

Of December.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 8 and 52 minuts	houres 3 and 48 minuts
7	houres 8 and 14 minuts	houres 3 and 46 minuts
14	houres 8 and 15 minuts	houres 3 and 47 minuts
21	houres 8 and 12 minuts	houres 3 and 48 minuts
28	houres 8 and 7 minuts	houres 3 and 53 minuts

A Prognostication.

Prisoners the 1 day 22 min; after 5 in afternoon
reasonable.

first quarter the 8 day 28 min: after 16 in frozen com
fine know of fine.

Full moon the 16 day 6 min: after high noon,
 10hr 8.1 of moisture.

4 Last quarter the 24 Day 44 min: after 3 in forenoon
frosty and cold.

New moon the 31 day 36 min: after 3 morning,
cloudy and cold.

Decembers Abstracts

In this Month of December, keep thy body and head from cold, and eat such meates as be of a hot quantity abstayne from Physicke, and let thy Kitchen bee thy Apothecary: warme cloathing thy nurse, merry company thy keepers: and good hospitality thy exercise.

Remonté trees and bushes as aforesaid in November, if the weather prove not cold extremes. In the home of the Quaker let Beans, peas, & those herbs that cannot endure the cold, cover them with straw or other protection from the frost and snow.

Soli sapienti Deo, sola gloria.

FINIS.



14	hours 2 and 17 minutes	hours 2 and 17 minutes
15	hours 2 and 17 minutes	hours 2 and 17 minutes
16	hours 2 and 17 minutes	hours 2 and 17 minutes